

NEDAA - All My Relations

3/4" video, 1987, N.N.B.Y., colour, sound, 28 min. 50 sec.

This video documents the experiences of Sis Stenstrom, a Yukon woman, at the Round Lake Native Drug and Alcohol Treatment Centre in Vernon, British Columbia. Stenstrom is heard reflecting on various aspects of her alcohol problem and is shown participating in various components of the Centre's 6 week treatment program. In addition, staff members provide comments on the origins of the Centre and on its philosophy of drawing upon native culture as an aid in the healing process. Numerous clients and staff members are shown participating in discussions on different aspects of alcoholism: on the connection between alcoholic parents and children, on the avoidance of responsibility, and on the need to confront personal difficulties without resorting to alcohol.

Archives has one 3/4" video master designated for storage and one 1/2" VHS viewing copy. VHS and Beta circulating copies are available at the A/V Unit.

Subject headings: Alcoholism - Treatment; Indians of North
 America - Alcoholism

Video Number: V-163

DETAILED LISTING SHEET

Program Title: NEDAA - All My Relations

Time/Footage	Description	Format (Colour/ bw/mag/opt/sil)
0:00	Yukon Indian Centre, Whitehorse: a group of women talking about helping people with drinking problems; Sis Stenstrom giving opinion as to how the individuals themselves must accept responsibility for their problems	colour, sound
1:09	Sis Stenstrom talking about her previous drinking problem, her denial, how it affected her relationship with her children, and how she finally came to ask for help	
2:15	Sis Stenstrom talking about her initial experiences at the Round Lake Treatment Centre; scenes of a discussion group at the Centre	

- 3:36 A man talking about the origins of the Round Lake Treatment Centre and of its philosophy of drawing on native culture as a means of helping those with drinking problems; scenes of the Round Lake Treatment Centre
- 4:51 A group meeting at the Round Lake Treatment Centre with a woman talking about the importance of native culture and how it gave her the pride with which to overcome her drinking problem
- 7:15 Sis Stenstrom talking about her realization that she was an alcoholic; scenes of her in a cafeteria and by Round Lake
- 8:17 A woman giving a lecture on the connection between alcoholic parents and alcoholic children; Sis Stenstrom talking about her realization that this connection is true in her own case; the lecture continues
- 10:00 A young man talking about his alcoholic foster parents
- 10:50 A group discussion with a woman talking about her drinking problem

- 11:21 A man talking about the program at the Round Lake Treatment Centre and of the importance of self-esteem and individual responsibility in the treatment process
- 12:20 A man lecturing on the importance of self-discipline and individual responsibility
- 13:14 The preceding lecturer talking about the use of native culture as a means of healing at the Round Lake Treatment Centre
- 14:11 Sis Stenstrom talking about the use and importance of native culture (sweathouse, sweetgrass ceremony) as a means of healing at the Round Lake Treatment Centre, about the importance of physical exercise, and about her introduction to the Alcoholics Anonymous program at the Centre
- 16:35 A lecture and discussion on the importance of grieving and accepting loss without resorting to alcohol
- 19:07 A man talking about the importance of self-discovery at the Round Lake Treatment Centre

- 19:45 Sis Stenstrom talking about social activities at the Round Lake Treatment Centre
- 20:55 A group discussion with Sis Stenstrom talking about how the Alcoholics Anonymous program has helped her to deal with her drinking problem
- 22:07 A man talking about how facilities such as the Round Lake Treatment Centre provide native communities with the experience and confidence necessary to address issues such as education, housing, self-government, etc.
- 22:32 Sis Stenstrom talking about her fears of leaving the Round Lake Treatment Centre to return to the "real world"
- 23:29 A graduation ceremony at the Round Lake Treatment Centre, including speeches by the graduates and their relatives
- 27:43 Sis Stenstrom summing up her experience at the Round Lake Treatment Centre; scenes of the woman at home
- 28:27 Credits
- 28:50 End